

# Team Ridglea COVID-19 Information and Protocol

Please read through the following information carefully and take special note of the Texas Wesleyan University COVID-19 Protocol.

Texas Wesleyan University (TWU) Protocol:

**DAILY** before attending any function on the TWU campus a screening questionnaire needs to be completed. Click on the link below and select 'Visitor'. When you have been CLEARED to arrive on campus either print out the clearance notice or do a screen shot on your phone. *You must have this to be able to enter any building on campus.*

[https://txwes.co1.qualtrics.com/jfe/form/SV\\_3F1hISZxGAvsVLf](https://txwes.co1.qualtrics.com/jfe/form/SV_3F1hISZxGAvsVLf)

Team Ridglea (TR) Protocol:

TR's protocol is also reinforced by TWC COVID-19 policies, and United States Master Swimming COVID-19 protocol.

PLEASE REMEMBER THAT YOU MAY BE YOUNG AND HEALTHY, BUT WE DO HAVE MEMBERS THAT FALL INTO HIGH-RISK CATEGORIES. Please be considerate for ALL your teammates.

- Perform daily self-assessment health screening prior to any Team Ridglea (TR) practice or function through the TWU website – refer to the link above.
- You will not be allowed in the building without completing the health screening.
- **Locker rooms will be off limits – Come to the building in your swim suit and leave the building in your swim suit.**
- *Lobby restrooms will be for that purpose that purpose only, not for changing.*
- No hugs or handshakes.
- Wear a mask before entering the building and up until you enter the water, then back on until you have left the building.
- Maintain a 6' (six foot) physical/social distance when out of the water.
- Towel dry after exiting the water for any reason before entering the hallway to either use the lobby restroom or exit the building – don't forget your mask must also be in place.
- **No changing in the lobby restrooms.**
- If you are not feeling 100% healthy, please stay home until you do feel 100% healthy.

**We are guests in this facility and we need to be mindful and considerate of the safety protocols our host, TWU, has in place.**